

Grab-n-Go Binder



Uses:

- All evacuations

Tip: Your Grab-n-Go Binder will help you recover in the event that you lose your home or are unable to enter safely due to structural damage. This binder is comprehensive and should contain financial, personal, legal and medical documents as well as a thumb drive containing photos, video of each room and a backup of your hard drive to take with you when you evacuate. Remember to video document any high value items.

Copies of the following documents

Financial Documents

- Front & back of debit/credit cards
- Property deeds/Mortgage information
- Car titles & registration
- Bank account numbers and contact information
- Insurance policies (life, health, auto, home)
- Contact information for anyone you send a payment or bill to
- Stocks, bonds & savings bonds
- Statements from investment firms

Personal Documents

- Address book
- List of firearms & serial numbers
- Birth certificates
- Concealed handgun license
- Rent/Lease agreement
- Diplomas/transcripts
- Documented appraisals of valuable possessions
- Driver's license
- Marriage license
- Military documents
- Passport
- Pet vaccine records
- Recent photo of each family member & pet
- Receipts from expensive items
- Social security

Legal Documents

- Child custody/adoption papers
- Divorce agreements
- Will, living/family trust
- Past/current binding contracts
- Attorney contact information

Medical Information

- Health insurance cards
- Blood types of each family member
- Contact information for all medical providers
- Medical history of each family member
- Immunization records
- List of current prescriptions and dosage
- Pharmacy contact information



Uses:

- Anytime a human kit is necessary

Pet Kit

Tip: Your Pet Kit will be used whenever you have a need of a kit yourself. Small plastic bags can be used to carry smaller portions should you need to walk home with your pet. Consider the seasonal needs of your pet when rotating items. Warmer weather calls for more water whereas winter weather requires a way for your pets to stay warm. Remember, your pet may be scared and behave abnormally.

- Water for at least two-weeks
- Food for at least two-weeks
- Prescriptions
- Veterinary contact information
- Treats
- Collar & Leash with a back up
- Recent Photo
- Food and water bowls
- ID tags
- Blanket
- Toys
- Crate or carrier if applicable
- Vaccination records
- Pet first aid kit



Kit Types **Go-Kit**

Uses:

- Winter Storm/Stuck in Vehicle
- Evacuation
- Cascadia Away from Home

Tip: A Go-Kit is a 3-day supply of essential items for survival and should be kept in your vehicle. Have one kit for each person that travels with you. Consider packing your Go-Kit in a backpack or a roller bag if you are unable to carry a pack. Keep in mind you may be walking a long distance to get back home or to safety if you happen to be away from home during a large-scale event such as the Cascadia Subduction Zone earthquake.

Every consumable item in this kit should last you for 3 days.

- | | |
|--|---|
| <input type="checkbox"/> Water | <input type="checkbox"/> Fixed blade knife |
| <input type="checkbox"/> Food – lightweight/no preparation needed | <input type="checkbox"/> Comfortable, sturdy shoes |
| <input type="checkbox"/> First aid supplies (include latex gloves) | <input type="checkbox"/> Hand sanitizer |
| <input type="checkbox"/> Shelter supplies | <input type="checkbox"/> Toilet paper |
| <input type="checkbox"/> Flashlight or headlamp | <input type="checkbox"/> Leather gloves |
| <input type="checkbox"/> Fire starting method(s) | <input type="checkbox"/> Poncho |
| <input type="checkbox"/> Money in small denominations | <input type="checkbox"/> Whistle |
| <input type="checkbox"/> Blanket or sleeping bag | <input type="checkbox"/> NOAA Radio |
| <input type="checkbox"/> Season appropriate clothing | <input type="checkbox"/> N95 Mask |
| <input type="checkbox"/> Extra cell phone battery/charger | <input type="checkbox"/> Personal items: chap stick, hair tie, etc. |



BOB

(Bug-Out-Bag)

Uses:

- Evacuation
- Hazmat
- Cascadia at Home

Tip: The BOB, otherwise known as an I.N.C.H. (I'm Never Coming Home) bag has larger quantities of supplies and is intended to be taken with you. In the event that you cannot return home, this bag should have everything you need to get you to your predetermined destination. It's important to have a very comfortable pack in the event you would need to walk a long distance.

TIP: Make sure your pack fits properly by being fitted at an outdoor store.

- | | |
|---|---|
| <input type="checkbox"/> Food | <input type="checkbox"/> Chapstick |
| <input type="checkbox"/> Water (or all supplies for purification) | <input type="checkbox"/> First Aid Kit |
| <input type="checkbox"/> Hygiene supplies | <input type="checkbox"/> Headlamp |
| <input type="checkbox"/> Trash bag | <input type="checkbox"/> Extra batteries for any battery powered gear |
| <input type="checkbox"/> Extra prescription medication | <input type="checkbox"/> Feminine hygiene products |
| <input type="checkbox"/> Extra pair of glasses | <input type="checkbox"/> Maps of the area |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Multi-tool |
| <input type="checkbox"/> Hairband | <input type="checkbox"/> Fixed blade knife |
| <input type="checkbox"/> Bandana | <input type="checkbox"/> Mirror or reflective item |
| <input type="checkbox"/> Duct tape | <input type="checkbox"/> Sheltering items (tent, tarp & rope, etc.) |
| <input type="checkbox"/> Fire starting method(s) | <input type="checkbox"/> Hand crank radio |
| <input type="checkbox"/> Extra cell phone battery/charger | <input type="checkbox"/> Communication information |
| | <input type="checkbox"/> Contact Cards |
| | <input type="checkbox"/> Grab-n-Go Binder |

TIP: You may not always have your cell phone charged or available. Keep contact information written down in the event you would need to call from someone else's phone.

Kit Types

Evac Box



Uses:

- All evacuations

Tip: Your Evac Box is one of the most important kits you can build. This box includes not only your Grab-n-Go Binder, but it also includes items that are irreplaceable and cannot be stored on a thumb-drive. Your Evac Box may end up being more than one box. The goal is to make these items easily accessible by storing them together in a safe place. After all people and pets are safe gather your kits!

- Grab-n-Go Binder
 - See list on Page 18
- Heirlooms
 - Family Quilt
 - Letters
 - Medal of Honor
 - Burial Flag
 - Etc.
- Items purchased while traveling that cannot easily be replaced
- Sentimental items that are not commonly displayed.
- List of items to gather upon evacuating and their location
 - Jewelry box
 - Figurines
 - Keys to safety deposit box, RV, additional vehicles, storage facility, office, etc.
 - Purse, backpack
 - Other Emergency Preparedness Kits (Pet Kit, BOB, etc.)



Car Kit

Uses:

- For any emergency that happens while your vehicle is with you.

Tip: Your Car Kit will be with you everywhere your car goes. Consider storing your items in small containers under your seats. A dark container will help conceal items that could otherwise be seen through windows. Your car kit is not only for your vehicle itself but may also include larger quantities of personal items for as a back up to your Go-Kit and for unexpected passengers.

Items for car care:

- No-spill gas can
- Jumper cables
- Roadside flares
- Flat tire inflation canister (non-explosive)
- Spare Tire
- Jack
- Spare car fuses
- Small tool kit (screwdriver, pliers, vise grips, adjustable wrench, tire pressure gauge, etc.)
- Fire extinguisher
- Antifreeze
- Vehicle escape tool (for glass and seatbelt)
- Road maps
- Small, collapsible shovel
- Flashlight

- Two quarts of oil
- Roll of duct tape
- Paper towels/rags
- Washer fluid/de-icer
- Pen and paper
- Tow strap or chain
- Leather gloves

Items for personal care:

- Seasonal gear (hat, jacket, etc.)
- Sanitation items (soap, sanitizer, trash bag)
- Cell phone charger (keep one in vehicle)
- Solar battery charger for phone
- Extra shoes, socks, gloves
- Sleeping bag/blanket
- Food for at least three days
- Water for at least three days
- Extra first aid items

Shelter-in-Place

Tip: There is a difference between Shelter-in-Place and Shelter-at-home. Shelter-in-Place means to gather all necessary items to shelter in an internal room, preferably without windows, with central heating/air turned off, with seal windows and doors sealed. Stay put until further notice. This is for a chemical, biological, radiological or nuclear event. Shelter-at-home means to stay inside your house with windows and doors closed and locked until further notice.

Uses:

- All Shelter-in-Place events

Communications Equipment

- Cell phone with charger
- NOAA radio with AM/FM radio
- Pen and paper

Emergency Equipment

- Hand-cranked flashlight, glow stick
- Fire extinguisher
- Blankets, sleeping bags
- Trash bags
- Commonly used tools
- Portable heater
- Duct Tape, plastic sheeting (premeasured for door(s) and windows, towel for under the door)

Water/Food

- 1 gallon of water per person/pet per day
- Food for each person for several days
- Pet food, little box

2-Weeks-Ready

Tip: Your 2-Weeks-Ready kit meets the state standard for preparedness. There are too many items to list, but consider who you are preparing for as you evaluate each topic. For an event like this you need to develop skills and plans to be successful. Building your 2-Weeks-Ready kit is a long-term project. Make it a family affair and a part of your daily life!

Uses:

- Any long-term event

First-Aid

- After a large-scale event, emergency services may not be available. You are the help until help arrives. Find classes in your area and learn:
 - CPR
 - Basic First Aid
 - Stop the Bleed
- Medications for anyone in your household
- Extra prescription medication

Food & Water

- Plan for 3,000 calories per person per day
 - Consider storing different types of shelf-stable foods (canned, dried, dehydrated)
 - Don't forget vitamins, comfort foods (family favorites, candy, gum) and coffee/tea
- Water filtration system that can filter viruses (most systems filter bacteria but not viruses)

Prepare Your Home

- Secure your home by fixing hazards
- Secure the foundation
- Secure heavy furniture
- Make plans to stay at home for months without electricity, water and sewer
- Have supplies to seal broken windows
- Select an alternate meeting location in case your home is too damaged to enter

Pets & Livestock

- Items from your Pet Kit in larger quantity
- Photo of you and your pet together
- Identify shelters and pet-friendly hotels along your evacuation route

Youth

- Include children in your plans and drills
- Practice your plan and do your drills monthly